

# PHASE 2

## LIMITED REOPENING

Following the State of IL Phase 4 reopening plan June 26, 2020.

**RESTRICTED**  
(rigid social/physical distancing, individual activities only)

Document Last Updated on 1/26/2021

## PEOPLE

Employees present at facilities limited to those providing a direct service.

All employees are thoroughly trained on COVID-19 transmission prevention and new cleaning protocols prior to working in facilities.

Members and guests ages 16 and older may enter the facilities to participate in approved activities. Youth 15 and under may use facilities with a parent or guardian.

Guests and nationwide membership have been reinstated.

Self-scan upon entry to monitor building capacity. (Employees will not handle cards, phones, or any other personal belongings.)

Men's and Women's Locker Rooms available for adults 18+ only. Members may access belongings in rented lockers. Boys' and Girls' locker rooms are available during swim lessons. Use of the three Individual Shower Rooms is permitted.

In-person Group Exercise Classes resume with limited capacity. Reservations are required through the mobile app. For live and on-demand classes visit, [tworiversymca.org/virtual-ymca](http://tworiversymca.org/virtual-ymca)

Children in School-Age Care will be screened prior to entry and will be kept separate from members.

All employees, members, and vendors who are unwilling to comply with the Y's COVID-19 transmission prevention measures will be asked to leave the facility immediately.

## FACILITY

**Two Rivers YMCA Hours:**  
Operating at 50% capacity.  
*If capacity is reached an alert will be prominently displayed on our website.*

Monday - Friday  
5:00 am - 10:00 pm

Saturday - Sunday  
7:00 am - 5:00 pm

**Bass Street YMCA Hours:**  
Express Wellness Center  
Monday - Friday  
11:30 am - 1:00 pm  
by reservation

**Spirit, Mind, & Body Center**  
Reserved for School-Age  
Childcare only

**Open with restrictions:**

- Wellness areas and equipment
- Men's and Women's Locker Rooms
- Boys' and Girls' Locker Rooms
- YMCA south parking lot
- No touch bottle filling stations available (drinking fountains closed)

**Open by reservation only:**

- Group Exercise Classes
- Aquatic Exercise Classes
- Lap Swim and water walking
- Kids Adventure Center
- Basketball Gyms
- Sports Courts

**Unavailable:**

- Steam Room, Sauna, Whirlpool
- Coffee/tea service
- Drinking fountains
- Towel service
- North Entrance
- North Parking Lot (employee parking only)

## ACTIVITIES & PROGRAMS

**Face coverings should be worn over the nose and mouth whenever not exercising.**

**Members should maintain 6' between themselves and others at all times in all activities & programs.**

Procedures for all activities & programs will be reviewed and updated as needed.

**Open with restrictions:**  
Exercise equipment open for use throughout the building, spaced 6 feet apart.

**Available by reservation or registration only:**  
**Personal Training** (fee associated) available by appointment.

**Lap Swim and Water Walking** reservations will continue and allow 2 swimmers per lane.

**Gymnasiums** 30-minute time slots in the gyms are available by reservation.

**Youth Sports** are available. Registration is open.

**Swim Lessons** are available. PRegistration is open. Instructors are required to wear face shields.

**School-Age Care** in designated locations only with limited capacity to accommodate for smaller group sizes and COVID-19 protocols.

Nourish Food Program for School-Age Care in designated locations only.

**Unavailable:**  
Outdoor playgrounds (School-Age Care use only)

Swimming unavailable for School-Age Care

## COVID-19 TRANSMISSION PREVENTION MEASURES SUMMARY

### Facility Expectations:

- Acrylic barriers installed at the Member Service Desks
- Hand sanitizer placed throughout the buildings
- Spacing markers and directional signage installed on floors to keep everyone at least 6 feet apart
- Equipment is spaced per DCEO guidelines to maintain appropriate social distance
- Seating throughout the facilities removed
- Facilities and equipment thoroughly cleaned and disinfected daily with Sanicare TBX disinfectant cleaner (after closing each day and throughout the day)
- Public entry doors and public counters cleaned daily with Sanicare TBX
- Elevator buttons, light switches, and public vending machine touch pads cleaned daily with Sanicare TBX
- Stair handrails cleaned daily with Sanicare TBX
- Childcare rooms, copy-rooms, break rooms, and kitchen appliances (vending machines, microwaves and refrigerators) cleaned daily with Sanicare TBX
- Employee workspaces cleaned daily with Sanicare TBX

### Employee Expectations:

- All employees will complete a self screening COVID-19 symptoms questionnaire prior to entry
- Employees who display any COVID-19 symptoms may not enter the facilities
- All employees will be asked to wash and/or sanitize hands upon entry and exit
- Employees are required to wear a mask unless they are in an isolated office or outdoors where they can maintain a 6 foot distance between themselves and others
- All employees will wash hands frequently
- Personal belongings stored in designated areas only (no personal belongings may be left out in the open)

### Member/Vendor Expectations:

- All members and vendors should complete a self-screening COVID-19 symptoms questionnaire prior to entry or participating in outdoor class
- If a member does have any COVID-19 symptoms, they should wait to enter premises until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared
- All members and vendors will be asked to wash and/or sanitize hands upon entry and exit
- Members are required to wear a face covering whenever not exercising (exceptions can be made for people with medical conditions or disabilities that prevent them from safely wearing a face covering)
- Members are asked to spray a paper towel with approved cleaner and wipe down display, handles, and all areas after each use. Cloth towels will not be allowed for cleaning
- Equipment should not be shared between members at the same time unless from the same household

All employees, members, and vendors who are unwilling to comply with the Y's COVID-19 transmission prevention measures will be asked to leave the facility immediately.